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# THE CARROLL CHRONICLE

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A NEWSPAPER FOR CARROLL ELEMENTARY SINCE 2013

ISSUE no. 26 Summer 2022

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## Celebrate the Light

By: Cadence Dimitiman

Summer is a wonderful time to kick back, relax and take a break! But did you know that there's a special holiday for the longest day in the year? It's in summer! It's called the summer solstice! That is the time when the sun reaches its highest and northernmost points in the sky. It marks the start of summer in the northern half of the globe, or northern hemisphere. The summer solstice this year starts on June 21st.



The summer solstice has another name, it's called midsummer. The history of the summer solstice dates back 7,000 YEARS AGO! It

started in a stone circle in ancient Egypt. To be more precise, the Nabta Playa. The Nabta Playa was constructed by a cattle worshipping cult of nomadic (*nomad: person with no permanent home, wanderer*) people to determine when they should harvest crops and when the summer solstice was. Pretty crazy huh?

Pagans believed evil spirits would appear on the day of the summer solstice, so they would wear protective garlands made of flowers and herbs to ward off an evil presence. A native American tribe, the Sioux, actually danced under the sun in symbolic and colorful clothing. Wyoming's Big-horn Medicine Wheel (another arrangement of stones) was

*Continued on p. 5*

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## Social Media's Affect on Kids

By: Veronica Zarate and Vivianna Lopez

Did you know that social media affects many kids worldwide? Unknowingly, children go on their electronics and watch videos using up valuable time. These videos can affect them in a harmful way. Social media not only affects our mental health, but also our education and the people around us.

Being on the internet for too long is not good for our growing brains. Scrolling



on social media can keep kids up for numerous hours robbing them of needed rest. Lack of sleep can lead to being unhealthy and loss of concentration in school. While we scroll online, we can encounter mean, hurtful comments and accidentally see inappropriate videos. Sometimes

*See "Social Media" on p. 6*

# BROADWAY!

By Lauren Blank

Have you ever thought about how Broadway came to be? It's a very long story, but I'll just tell you the important things!

Broadway has been associated with musical theater since the street was founded. When musicals, or plays, went on 'tours,' they would go to Broadway and perform there. The first play to perform on Broadway was 'The Black Crook' in 1866. The longest running play on Broadway is 'Phantom of the Opera' which has been running for more than 30 years!

Most plays on Broadway cost between 3 - 6 million dollars to produce, but for musicals, they cost around 8 - 12 million dollars!

Broadway is still very popular today. The most popular musical on Broadway currently is Hamilton. A lot of you may have heard of Hamilton. The newest recast and changed musicals are: Hadestown (2019), Moulin Rouge (2019), Tina : The Tina Turner Musical (2019), Six (2021), and Beetlejuice (2022). Some musicals that are

Broadway level never actually make it to Broadway. Some of these plays are: Honk!, The Bakers Wife, Giant, The Last Five Years, and Saturday Night. These plays never made it because they were either too long or would cost too much money. Broadway stars usually are paid \$2000 a week depending on their role and job. That is a lot of money!

Working on Broadway is a very risky, yet fun profession. I hope after you read this article you are as interested in musicals and plays as much as I am!



# Volcanoes... They're a Blast!

By Jauvonah Brock

Volcanoes are one of the most spectacular natural disasters out there. But how do they form? A volcano's journey begins at the center of the Earth, its core. Earth's core pressure really wants to escape, so volcanoes are kind of its way of releasing that pressure. Before it can do that, sea water leaks into the Earth's middle layer, its mantle. When this happens, magma, a liquid with molten rock mixed with hot gas, forms inside pockets of the mantle. The magma is a lot less dense than the solid stuff all around it, so the mantle's pressure causes it to shoot upward. When the magma reaches the surface, it becomes lava. The lava then hardens to make mountain-like formations known as volcanoes. This process



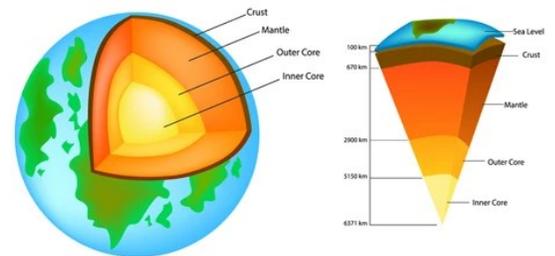
takes a long time to form and eventually erupt, starting from the center of the earth, to the middle of the earth, and finally, with the mountain-

like formations we call volcanoes.

There can be both positive and negative outcomes to an erupting volcano. One negative effect volcanoes have is the lava. The lava can reach temperatures of 1300 to 2200 degrees Fahrenheit This

could seriously hurt you if you aren't careful. You can melt

your clothes... or worse. Another negative effect volcanic eruptions have is that they can start other natural disasters. One of these is wildfires. Wildfires could lead to a landslide or a mudslide, yet another natural disaster. A positive effect of an erupting volcano is that it creates more land. The dried up lava that spilled



See "Volcanoes" on p. 6

# The 9/11 Memorial

By: Sophia Catanzaro

Have you ever been to New York? If so, you may have seen the 9/11 memorial. Do you know what was there before the memorial?

You may be asking yourself “what is a memorial?”



A memorial is a place or a thing that reminds people of an event or person in history. So why is there one for 9/11? The day of September 11, 2001 started out like any other day. A plane hit one of

the twin towers, called the World Trade Center, and soon after a second plane hit the other tower. Then, a rumble grew louder and louder. Just like that, the twin towers were gone.



After the terrible day was over, rebuilding of the towers began. But construction was eventually halted when it was decided to turn the site into a memorial. The construction of the memorial took five more years and was opened on September 11, 2011 on the tenth year anniversary of 9/11.

Even though the 9/11 memorial in New York City is the most popular, there are other memorials for this day. There are over 700 memorials all over America to memorialize that tragic day. One of the many memorials is the memorial at the Pentagon in Washington D.C. and one in the Boston Public Garden. The memorial in Boston is to signify the planes came from Logan International Airport that hit the

twin towers. The memorial at the Pentagon is to signify when one of the planes hit it.

If you ever go to New York, I recommend you visit the 9/11 memorial to learn more about the towers and 9/11. It’s a day no one will ever forget. One thing is for sure, America came back united and strong. Remember, it is always darkest before the light.



## Steps for Success in School

By Alexis Genera

There’s no question that 6th grade can be difficult. However, if you follow a few strategies you can have a great year while also making terrific memories. These strategies, however, work at every grade level.

First off, you must pay attention in class. When you don’t pay attention and your thoughts wander somewhere else, you are basically daydreaming. Daydreaming leads to missing information. For example, you’re daydreaming in class and all of a sudden you hear your teacher call your name. You are embarrassed because you have any idea what is going on in class. Don’t get me wrong it’s a relatable experience, but it is still very embarrassing. So do yourself a favor, and cut down on daydreaming in class!

Similar to knowing when you are daydreaming at school, you need to know when you are distracted at home, especially when you are doing

your homework. Some examples are that homework takes forever, the homework is difficult, or that you are reading the text



# Summer Fun!!

By Humdard Azeemi

As summer approaches, you may be thinking about what to do during the summer? If you are, here are a few local activities you can do to keep you busy.

First of all, you can visit a water park. A water park is a fun place for children to relax and swim. They have water slides, wave pools, lazy rivers, etc. There are some water parks in the Sacramento area, so you won't have to drive far.



Another fun activity to do during the summer is visiting a local river. Since there aren't any beaches in the Sacramento area, you can go to the river instead! You can fish, swim, relax, have a picnic, etc. Be sure to



wear a life vest and swim with adults if you choose to go in the water. So, instead of driving two hours to get to the coast or Lake Tahoe, why don't you go to a local river?

Biking is a very fun activity to pass time in the summer,

and Elk Grove itself has many biking trails. There are many, many miles of beautiful trails and are really fun, especially if you go with family and friends. You can go



to a local park and ride your bike around there too!

We are fortunate that we have so many great family activities available to us in the Elk Grove region. Whether it's biking, swimming, fishing or hiking, get out and enjoy our beautiful outdoor environment. Enjoy your summer!

# School of Rock:

## Are You Ready to Rock?

By: Jade Nicula

Do you like music? Do you play an instrument? Is there an instrument you want to learn? If you are interested in music, go to School of Rock where they teach you not only how to play an instrument, but how to perform. They teach kids and adults how to play instruments and be in a real band. The main instruments they teach are drums, guitar, bass, keys, and singing. I suggest being in a performance group. The performance group will keep you busy with learning and performing songs in a band. You will learn so much more at School of Rock besides playing an instrument.

What I love about School of Rock is that they are unique and different from other programs. From the time that I walked in, I felt comfortable. The atmosphere is casual and cool. The instructors are friendly. Their teaching style is not like how you would normally be taught an instrument. They let the teachers develop their own way of teaching. One teacher might start off lessons with some warm-ups while another one will let you guide them

through what you want to do. The way you learn is by picking a song. Then the teach-



ers will guide you through the song while teaching you notes, chords, and rhythm. My favorite part is the performance groups you can join. A performance group is a band you choose to play in. The director of the band has a list of songs that the band rehearses for about 3 months. Then all the performance groups get to perform at a live stage. This is what makes School of Rock fun and unique.

School of Rock has changed me in a positive way and is shaping me into becoming a musician. I joined School of Rock

See "School of Rock" on p. 8

# Natural Phenomena

By: Roland Blank

Have you ever seen something you couldn't explain in the sky? Well let me tell you about some of the weird things that happen around the world.

Aurora Borealis, also known as the northern lights, is



a natural phenomenon that only appears within 2,000 miles of the North Pole. It is always occurring,

but can be best seen at night. Aurora Borealis dates back at least 30,000 years and is probably older than that. You could go to Norway to see the Northern Lights during summer break.

Another more common natural phenomenon in this region of the world is heat mirage. Heat mirages distort what you are

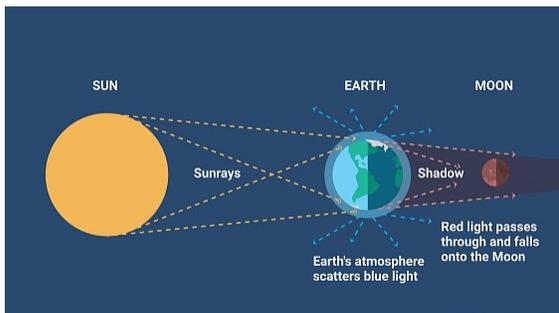


A heat mirage

looking at into a wave-like version of it. It happens when you are looking through heated air.

Blood moons are a creepy natural phenomenon.

Blood moons, also known as lunar eclipses, happen every 2 years or so. It's when the moon completely covers the sun, this can only happen when the moon, the Earth, and the sun



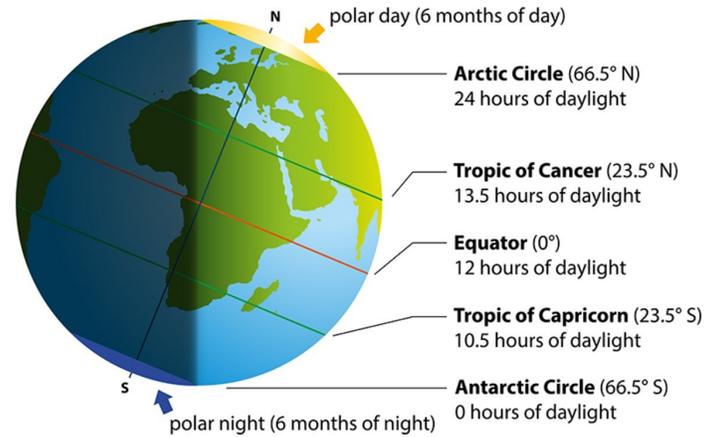
are in a line going Sun --- Moon --- Earth. The reason the moon turns red is the same reason

our sunsets are red; the scattering of blue light.

As you can see, there are some cool and creepy natural phenomena you can see if you just look up in the sky.

Celebrate the Light continued from p. 1

## summer solstice (June 21)



actually found to line up with the solstice's sunrise and sunset.

In modern times, people in Scandinavia have a traditional dance around Maypoles (*Maypole: Poles with party streamers, rope, and ribbon attached to the pole and people would hold onto and dance around the pole.*)

Even though bonfires are used differently in pagan history, bonfires are also believed to recharge the sun during the summer solstice. It's also said that the ashes of one's bonfire can protect them from any misfortune and if you spread them around your crop; your crops will flourish.

Now after reading, you might want to know how to celebrate the Solstice if you were in England. If you're by Stonehenge, you might light a bonfire, watch the sun until sunset and spend the entire time surrounded by flowers. But if you're in the US (you are) and want to know how to spend the summer solstice, go to a concert, host a party, get your swimsuit on and go to a beach; light a bonfire (*if allowed*) and voilà, now you can celebrate the solstice!



Stonehenge, Salisbury, UK

“Social Media” continued from p. 1

children can even come across posts about themselves that can make us feel sad and bullied. When kids feel this way, they develop low self esteem (lack of confidence towards what they are capable of). Social media can also make a person feel jealous of someone and cause them to want to change themselves.

In addition, social media can result in dropping grades and learning loss. For example, children can be less productive in class if they are tired and feeling anxious. This can lead to missing assignments and failing grades. When grades go down, children feel desperate to bring them up leading to cheating and dishonesty.

Children get distracted by the tablets and phones and next thing they know, it’s dark outside and homework



is not done. Social media not only affects kids, but also the people around them. That can lead to children being stuck in their rooms and avoiding friends and family. Likewise, they can also become so distracted that they don’t eat, which can also make things worse.

Now, we’ve gone through a lot of the negative effects



of social media, but there is hope to turn things around. Some ways to make positive changes start with putting down the electronic devices. Getting outside to play and getting fresh air is one of them. Also, taking up a hobby like painting, drawing, or pottery. Playing sports is another great way to make this positive change. Reading a book, watching a movie with

your family or taking a bike ride are some other ideas.

In conclusion, the internet is bad for children in many ways. Limiting the screen time is better for them. We hope you’ve realized what social media can really do and how it can affect your mental health, your school work, and the people around you.

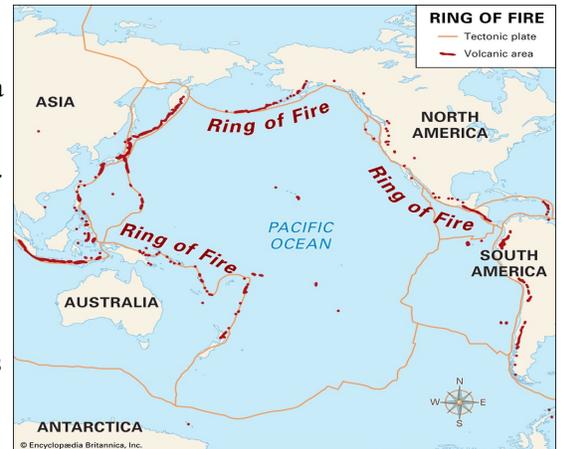
“Volcanoes” cont. from p. 2

onto the ground makes the ground bigger. There are more negative effects to an erupting volcano. However, the positive effects are still there, making volcanoes better than everyone thinks.



Where do volcanoes form? About 75% of Earth’s volcanoes are in the Ring of Fire. The Ring of Fire includes the Pacific coasts of South America, North America, and Kamchatka. If you are close to one, what can you do to prepare? Elk Grove is by the Ring of

Fire. Always stay away from a volcano, whether it’s erupting or not. If, for any reason you are near a volcanic eruption, there is only one thing you can



do: RUN! If you are in the Ring of Fire, volcanoes are most likely closer to you than you may think, so think smart.

“School Success” from p. 3

over and over and over again. There are some questions to ask yourself though. Where are you located when you do homework? Is it a location where there are a lot of people in your household walking around and talking? Maybe the television is on or music is playing that can cause distractions. No matter your grade level, find a quiet place in your house where you can concentrate and focus on your school work. If you have to you can do the simple 50/10 rule. This means that you do 50 minutes of work followed by a 10 minute break.

My last strategy is that you should have goals. Short and long term goals can help you become successful in life. For short term goals you can try to achieve all A’s in the trimester. You

See “School Success” on p. 7

can try to ask at least one question to your teacher a day. For long term goals you can try to manage your time well. You can also try to strive for excellence.

These are my are some of my favorite strategies for making, not just in 6th grade, but for all of your educational years memorable and great for you. Just remember that you are responsible for your education.



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## Get a Kick out of Karate

By Gianna Ott

Karate is a type of martial arts known for being one of the most popular ways to defend yourself. Karate is also a great help if you want to have self discipline. Karate can help you discipline yourself by most of its requirements such as focus, respect, and will.

Karate can really help you out in a real life situation. Karate is a form of defense called a kata. Kata is basically a combo with at least 20 moves and stances to help you defend yourself.

You can also have lots of fun and even compete in tournaments where you can show what you have recently learned. At these tournaments you can compete for a bronze, silver, or gold medal by showing the potential you put into your kata and kumite. Kumite is where you put all of your work to the test by sparring (fighting) a person who also knows karate but is probably from another dojo!

Karate is a fun sport that can be taught to anyone and everyone in the world.



## Basketball v. Football

By Mateullah Shinwari



Two of the most famous North American sports are basketball and American football.

While the popularity contest favors football, most of the kids at school play basketball.

### What is the Difference between Football and Basketball?

Football and basketball are two very different sports. Even the shape of the ball they're playing with is very different. Here are some important details of both sports.

**Fields and courts:** A football field is larger than a basketball court. They measure about 360 feet x180 feet long and use grass as their playing area, while on the other hand a basketball court is only 94 feet long and 54 feet wide, with indoor courts and wood floors. Outdoor courts are made of concrete.

**Game length:** Football games last for about an hour in pro and college and 45 minutes in high school. Basketball games are much shorter with 48 minutes played in the professionals, and go shorter as you go down levels. College and international games are played 37 minutes each, and high school games take about 30 minutes.

**Gameplay:** Basketball and football are very different sports. Football is based on contact, with every play taking all types of tackles, and physical contact. It is also low-scoring compared to basketball. While contact is allowed in basketball, most are called fouls. It is also very high-scoring, with two or three points in every field goal and a point if you make a free throw. To score in a football game you have to get the ball and run to the opposite side of the field, a distance of 100 yards long. That makes the scoring less frequent even though a touchdown is worth six points, two points for safety, three points for a field goal.

“School of Rock” continued from p. 4

last August choosing to play the keyboard. My Instructor and I started off by listening to different keyboard parts in a song. Then we would practice the notes every week. That taught me how to listen to the keyboard part of a song. Now, when I listen to music, I start to hear the keyboard parts in a song and



picture how I would set up my keyboard with the sound patches. Before School of Rock, I would just listen to one type of music, but after being introduced to different music and artists, I want to listen to more genres of music.

School of Rock inspired me to listen and play different types of music. It also inspired me to try another instrument. There are a lot of students learning music from age 5 and up. I highly recommend their summer camps to start off if you are unsure. Your experience at School of Rock will be one that will change you as a musician. Are you ready to rock?

## Time for a Little Humor

(...and I mean “little”)

1. What kind of song can you sing in the car?
2. What is black and white and red all over?
3. How do you make an egg laugh?
4. What’s bright orange with green on top and sounds like a parrot?
5. What’s really easy to get into, but hard to get out of?
6. What word has 26 letter, but only 3 syllables?

Answers to the Riddle Corner:



1. A cartoon (car tune!)
2. A sunburned zebra.
3. Tell it a yolk.
4. A carrot.
5. Trouble
6. Alphabet

# Hiking in Northern California

By Cielo Lucero

Northern California has many hiking trails of different levels with different hiking skill required. Some of the easier trails are only a couple of miles, but you can also do hikes that take a few days. It's all up to you what you choose to do.

Some trails are only a few miles long. The Chamise Peak Trail in Redding is a beautiful hiking trail, but it's an out & back trail. This means you go through the same path two times and it's 4.6 miles all together. If you want to do a shorter hike, but don't want to go back and forth, then maybe you will enjoy a loop trail. A loop trail is a trail where you don't have to stop at a dead end, you just walk until you get back to your start point. Another trail north of Redding that is like this is the Waters Gulch Loop in Lakehead. It's only 3.4 miles long and near water.



A harder hike may take all day, not just a couple hours. One such hike is called the Upper Yosemite Falls Trail. Located in Yosemite National Park, it's a 5.8 mile hike that takes an average of 6 hours to complete. The Pohono Trail is also in Yosemite National Park. This hike is a 13 mile hike and takes about 5-10 hours. The hike is only open from mid-May to early November, so do it while you can.



No matter what hike you choose, be sure to bring essential items to keep you safe and healthy. Carry plenty of water, bear spray, snacks and a first aid kit. Make sure you

know what poison oak and ivy look like too. You'll want to avoid those poisonous plants.

Beauty awaits you out your front door. So what hike do you think you will do?

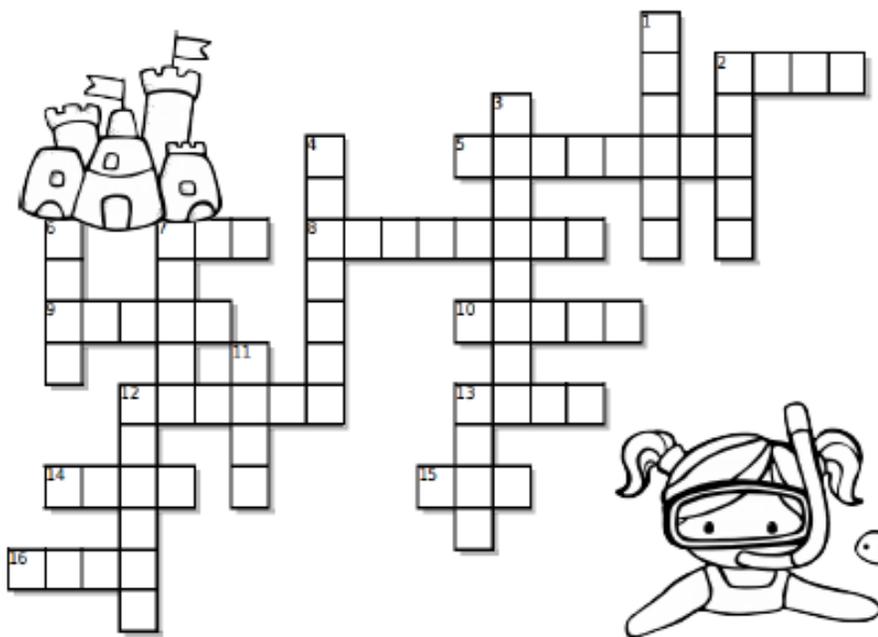
# SUMMER FUN

## Word Search Puzzle



W	A	T	E	R	P	A	R	K	V	A	C	A	T	I	O	N
F	R	I	E	N	D	S	W	S	T	Z	G	H	N	A	I	G
T	S	A	Z	Q	P	A	B	Q	C	N	P	N	M	D	C	S
E	W	O	N	C	H	I	I	Y	I	A	S	U	R	X	E	N
B	I	C	Y	C	L	E	C	P	C	R	Y	O	Z	M	C	F
O	M	P	W	I	Z	J	M	N	E	F	J	A	A	P	R	R
U	M	E	I	F	M	A	T	L	I	U	I	G	M	O	E	I
T	I	H	G	A	C	O	K	X	C	C	B	S	N	P	A	S
D	N	N	J	X	O	N	P	S	M	B	K	E	H	S	M	B
O	G	W	V	F	I	I	P	X	D	R	T	R	A	I	X	E
O	O	U	E	R	R	O	C	O	O	K	O	U	T	C	N	E
R	A	R	P	T	L	F	U	W	S	S	C	V	Q	L	H	G
S	A	S	D	F	O	L	E	M	O	N	A	D	E	E	T	A
B	A	A	P	E	Q	R	S	U	N	S	H	I	N	E	M	N
W	O	I	F	A	I	R	G	R	O	U	N	D	P	X	B	M
R	L	W	N	F	E	K	N	B	A	S	E	B	A	L	L	X
F	B	B	M	Y	P	M	V	T	D	G	I	S	W	O	R	V

## SUMMER CROSSWORD



- |            |            |            |
|------------|------------|------------|
| BAREFOOT   | FISHING    | PICNIC     |
| BASEBALL   | FLIP FLOPS | POPSICLE   |
| BEACH      | FRIENDS    | ROAD TRIP  |
| BICYCLE    | FRISBEE    | SPRINKLERS |
| CAMPING    | GAMES      | SUNSHINE   |
| COOKOUT    | ICE CREAM  | SWIMMING   |
| FAIRGROUND | LEMONADE   | VACATION   |
| FIREWORKS  | OUTDOORS   | WATER PARK |



### ACROSS

- move through water
- fun time away from school
- short for barbecue
- sweet, frozen treat
- chill out
- Go Fish and Monopoly are great examples
- cut-off pants
- take part in games
- kids summer spot
- high temperature
- month starting with "J" (not July)



### DOWN

- parents, brothers, and sisters
- when the sun is shining
- sport played with a ball and bat
- pals
- a place with swings and a slide
- sandy shore
- to take a vacation
- the hottest season
- place to swim

### Answers to the Riddle Corner:

- A cartoon (car tune!)
- A sunburned zebra.
- Tell it a yolk.
- A carrot.
- Trouble
- Alphabet

### WORD BANK

Baseball, BBQ, Beach, Camp, Family, Friends, Games, Hot, Ice Cream, June, Park, Play, Pool, Relax, Shorts, Summer, Sunny, Swim, Trip, Vacation

# Morro Rock

By Alexis Genera

Lots of places have very fun, interesting features, but Morro Rock is truly unique. It is located northwest of San Luis Obispo on the central coast of California. The rock is important to the Santa Lucia Range. It is the largest of thirteen volcanic plugs, the remaining pieces of extinct volcanoes, between Morro Bay and Islay Hill.



Morro Rock is also part of the Nine Sisters, a chain of nine volcanic mountains and hills in San Luis Obispo County in Central California. The rock is the shortest rock of the Nine Sisters, with an elevation of 581 feet (177 meters).

Morro Rock was seen by the Salinan and Chumash tribes. The two tribes considered the Morro Rock as a sacred site. The Salinan name for the Morro Rock was Le'samo and the Chumash name was Lissamu. In 1542, Spanish explorer, Juan Rodriguez Cabrillo, named the rock "El Morro," which means crown shaped hill in Spanish.

As you can see, the Morro Rock is Morro Bay's most interesting feature and one of the most interesting rock formations on the California coast.



# Photo Corner



Ms. Cha's Kinder class celebrating 100 days of school.



Mr. Deitsch's class captivated by the Chronicle!



Big smiles from Ms. Ikeda's students!



Celebrations in Ms. Mainville's class!

# Photo Corner



Ms. Burnat's class celebrating the read-a-thon.



Ms. Cha's class celebrating the read-a-thon with Mrs. Robinson.

# The Chronicle Reporters



Alexis



Jauvonah

*Not pictured are  
Sophia and Cielo*



From left to right: Vivianna, Veronica, Cadence, Humdard, Lauren, Roland, Gianna, Mati, and Jade

# Word on the Blacktop: What is your favorite memory from your years at Carroll?



Isabel 6th grade

Mr. Baur

Walking to Franklin Library with my 6th grade buddy when I was a first grader.



Evan 6th grade

Mrs. Jillson

When I met my friend Kegan this year.



Malia 6th grade

Mrs. Grooms

The first moments of TK when my best friend, Alana, introduced herself and shook my hand.



Bailey 6th grade

Mrs. Grooms

When I met my two best friends, Alana and Malia, in TK.



Alexis 6th grade

Mrs. Jillson

My first day of school every year because of the possibilities.



Emilio 6th grade

Mrs. Grooms

This year I helped with a treasure hunt with Mr. Ferreira because I drew a picture of a twenty dollar bill.

## Guess the Staff

Last issue's staff:



Ms. Finney

This issue's staff:



Try to guess the staff in this picture. It will be revealed in the next issue.